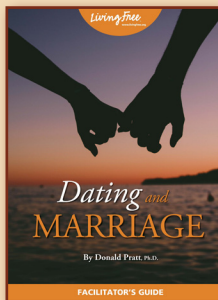


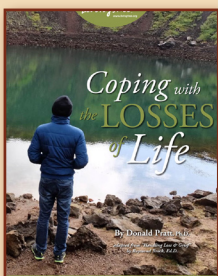
**AREA 5 RELATIONSHIPS 9 Lessons**



**Dating and Marriage**

In an age of widespread troubled and broken relationships, the principles in this practical guide have never been more needed. **Dating and Marriage** is especially pertinent for adults who grew up as orphans or came from dysfunctional families. Effective with couples from all different kinds of backgrounds, it provides both practical and spiritual guidance. This course is especially relevant for current society where Christian values are often overlooked or dismissed.

2019. Written by Donald Pratt, Ph.D.  
9 Lessons. 82 pages.  
Separate Facilitator and Group Member Guides

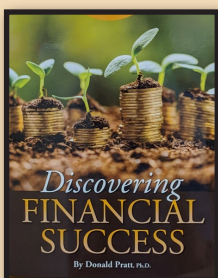


**Losses of Life**

**Coping with the Losses of Life** involves handling losses of any type. Loss includes relationships, job, home, freedom, health, addiction, or death. Group members realistically come to terms with their own disappointments and losses, often for the first time. They see how easy it is to get stuck when issues are not properly dealt with in a healthy way and learn the steps of recovery. Thoroughly field-tested, numerous class worksheets are provided for maximum discussion and application.

2019. Written by Donald Pratt, Ph.D.  
9 Lessons. 112 pages.  
Separate Facilitator and Group Member Guides

**AREA 6 ECONOMICS 9 Lessons**



**Financial Success**

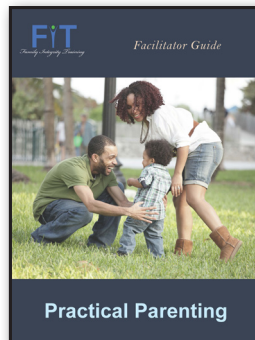
**Discovering Financial Success** was specially written for the needs of persons who need to start over financially. Habits of indebtedness and poor money and work management lead to destructive patterns that are hard to break and overcome. Spiritual and social responsibilities are also highlighted. Worksheets include a personal debt summary and a practice budget. Part 1 deals with managing money and Part 2 with making money.

2019. Written by Donald Pratt, Ph.D.  
9 Lessons. 94 pages.  
Separate Facilitator and Group Member Guides

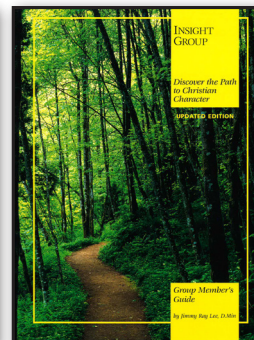


**9 COURSES THAT WILL IMPROVE YOUR LIFE**

**Critical Life-Skills Curriculum**



Practical Parenting



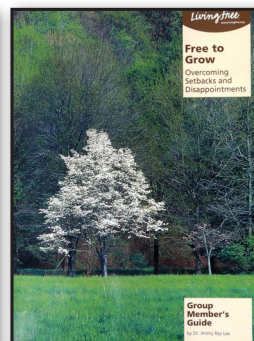
Insight



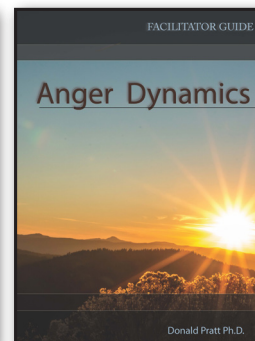
Starting Over



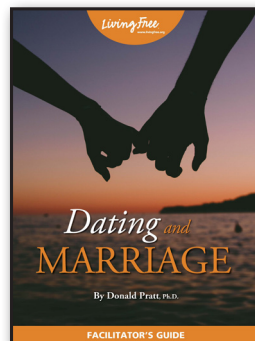
Change of Heart



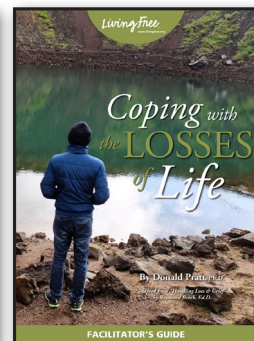
Free to Grow



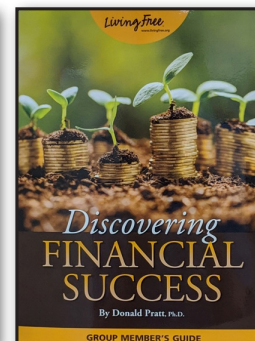
Anger Dynamics



Dating and Marriage



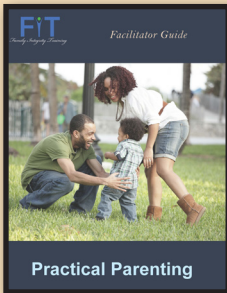
Losses of Life



Financial Success

*“developing life skills through faith”*

## AREA 1 PARENTING 9 Lessons

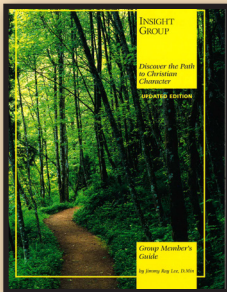


### Practical Parenting

**Practical Parenting** is a simple and effective guide to parenting in all kinds of situations. It provides a solid biblical and factual basis for enabling the small group to identify and come up with solutions and applications. The course has been used for years by courts and government agencies for clients who elect to have a faith-based approach. It accomplishes two goals at the same time: it teaches Christian values and corrects many of the problems that parents face in society.

2009, 2014. Written by Donald Pratt, Ph.D., Joseph Sheehan, Ph.D., and John Woods, M.P.A. 9 Lessons. 103 pages.  
Separate Facilitator and Group Member Guides

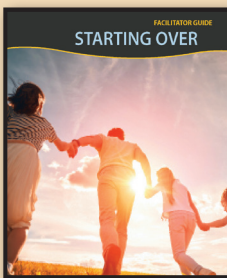
## AREA 2 PERSONAL INTEGRITY 9 Lessons



### Insight

The **Insight** course is one of our most emotional and spiritually-intense courses and offers great potential for fast and meaningful growth. It is based on the assumption that all of us have to deal with addictions of some type (substances, behavioral, or relationships) and that the answer lies in turning to God and removing the hindrances that keep us from doing so. Lessons show how people are pulled into destructive behaviors and the process of avoiding and getting out of them.

1989, 2017. Written by Jimmy Ray Lee, D.Min.  
9 Lessons. 78 pages  
Separate Facilitator and Group Member Guides



### Starting Over

As the name **Starting Over** implies, this course focuses on the purpose and planning that is necessary to start over when rebuilding your life. The chapters cover the process of finding faith, where to look for guidance, knowing truth, building moral character, and maintaining character. The book takes you through four stages: Charting a Course, staying on Course, Traveling Light, and Arriving Home.

2021. Written by Joseph Sheehan, Ph.D.  
9 Lessons. 132 inside pages.  
Separate Facilitator and Group Member Guides

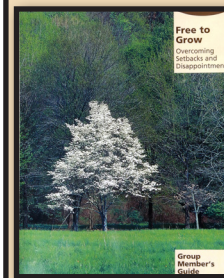
## AREA 3 DECISION MAKING 9 - 12 Lessons



### Change of Heart

**Change of Heart** focuses on changing behavior from destructive patterns to constructive ones. When we use the term change of heart, we typically mean a *change in how someone behaves* brought about by a *change in how they think*. The Bible says that *when God changes a heart, he changes who we are*, resulting in *right thinking and behavior*. This book is filled with realistic scenarios, discussion questions, and easy-to-understand text. It demonstrates how Christian character should develop and what it should look like.

2017. Written by Joseph Sheehan, Ph.D.  
9 Lessons. 85 pages.  
Separate Facilitator and Group Member Guides

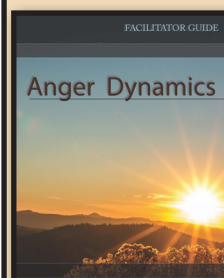


### Free to Grow

**Free to Grow** covers several areas in real life describing where we need to “grow up”, both socially and spiritually. We do this by eliminating the hindrances of life that hold us back. The 12-session format is a sufficient time period for participants to get to know you and open up and share in lesson material. Covers “unmasked faces”, forgiveness, boundaries, childishness, and freedom.

2006. Written by Jimmy Ray Lee, D.Min.  
12 Lessons. 75 pages.  
Separate Facilitator and Group Member Guides

## AREA 4 ANGER MANAGEMENT 9 Lessons



### Anger Dynamics

The **Anger Dynamics** book addresses personal anger in a gentle and progressive way. It starts with dealing with personal anger and ends with helping others and becoming a peacemaker. Group members learn to solve their own problems through numerous discussion exercises. They learn to share and benefit from the experiences and thoughts of their peers. They discover that their situations are not unique, that anger is complex, and find much better ways of handling difficult situations.

2013, 2021. Donald Pratt, Ph.D. and Paul Pratt, B.S.W.  
9 Lessons. 92 pages.  
Separate Facilitator and Group Member Guides